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The Climatological Features of Atmospheric Rivers and their Role in Water Vapor Transport in the South Polar Region

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30

31

Abstract

32

33 In recent years, Atmospheric Rivers (ARs) have been recognized to influence the
34 Antarctic ice sheet via extreme snowfall, latent and sensible heat transports, and
35 anomalous changes in radiation balance. ARs are defined as extreme moisture transport
36 events and are thought to account for a significant fraction of total moisture transport
37 from mid to high-latitude regions, such as Antarctica. While previous studies have
38 investigated ARs associated with extreme events over Antarctica and the Southern
39 Ocean, their climatological features remain poorly understood. We investigate the
40 climatology of ARs in the south polar region such as their geographical distribution and
41 their role in moisture transport, by using an AR detection method that extracts the area
42 with a localized moisture transport at 6-hourly intervals for JRA55. Notably, our method
43 effectively describes the geographical distribution of ARs, contrasting with conventional
44 methods that use temporal fixed criteria. We find that the contours of climatological AR
45 frequency display a zonally asymmetric, spiral-like structure extending from mid-latitudes
46 in the Atlantic to high-latitudes in the Pacific Ocean. This distribution produces a zonal
47 asymmetry in meridional moisture transport, which may contribute to the observed
48 zonally asymmetric distribution of Antarctic precipitation. We also suggest that the

49 dominant meteorological systems associated with the ARs differ geographically: extra-
50 tropical cyclones in the Atlantic and blocking events in the Pacific Oceans. At 60°S, we
51 find that the AR detection number has not had a significant trend over recent decades,
52 but the typical intensity of individual ARs in austral summer has increased over the last
53 41 years.

54

55 **Keywords** Atmospheric river; Antarctica; Southern Hemisphere; Moisture transport

57 **1. Introduction**

58 The American Meteorological Society Glossary defines an atmospheric river (AR)
59 as “a long, narrow and transient corridor of strong horizontal water vapor transport”. A typical
60 AR is developed along a low-level jet stream ahead of the cold front of an extra tropical
61 cyclone (Ralph et al., 2004, 2017a, 2017b) and sometimes causes extreme precipitation
62 events in midlatitudes (Newell et al., 1992; Zhu and Newell, 1994, 1998; Neiman et al., 2007;
63 Ralph et al., 2004, 2013, 2017a; Ralph and Dettinger, 2011; Mundhenk et al., 2016). The
64 AR also plays a significant role in poleward moisture transport: it was reported that ARs
65 accounted for a significant fraction (more than 90%) of poleward atmospheric water vapor
66 flux in the midlatitudes (e.g., Zhu and Newell, 1998; Nash et al., 2018).

67 Most previous studies of AR have considered extratropical regions, such as the west
68 coast of North America and the northwest Pacific, where extratropical cyclones are most
69 active (e.g. Ralph et al., 2004, 2017b; Mundhenk et al., 2016, Kamae et al., 2017). By
70 contrast, the polar region (esp. Antarctica), which is the focus of this study, has received
71 much less attention until 2010s. However, many recent studies have highlighted the
72 importance of AR for the variability of ice sheet mass on and sea ice growth around
73 Antarctica with case studies (e.g. Gorodetskaya et al., 2014; Wille et al., 2019, 2022, 2024a,
74 2024b; Francis et al., 2020; Terpstra et al., 2021; Gerhring et al., 2022) and with statistical
75 approaches (e.g. Wille et al., 2021; Maclennan et al., 2022; Baiman et al., 2024). The
76 Antarctic surface ice mass accounts for more than 90% of total fresh water on this planet so

77 that its variability has a crucial role in climate change including global sea level trends
78 (Church and Gregory, 2001; Shepherd and Wingham, 2007; Wingham et al., 2006).

79 The annual precipitation in Antarctica, which contributes to the Antarctic surface ice
80 mass balance, is largely accounted for by intensive precipitation events occurring only a few
81 times per year (Fujita and Abe, 2006; Turner et al., 2019). It has been pointed out that such
82 intensive snowfall is typically accompanied by large water vapor flux associated with
83 extratropical cyclones and/or blocking events (Hirasawa et al., 2000; Sinclair and Dacre,
84 2019). Wille et al. (2021) suggested that such events were caused by ARs associated with
85 blocking episodes. Gorodetskaya et al. (2014) also demonstrated that the snow
86 accumulation events related to ARs account for about 70% of annual precipitation at
87 locations in East Antarctica. Note that an AR sometimes can act to decrease (melt) the
88 surface ice due to its Foehn effects and/or the enhanced downward longwave radiation from
89 the associated clouds (Bozkurt et al., 2019; Wille et al., 2019, 2022).

90 It has been reported that there is a large geographical dependence (zonal
91 asymmetry) in annual precipitation over Antarctica (Vaughan et al., 1999; Bromwich et al.,
92 2004). Notably, Bromwich et al. (2004) showed that the western part of Antarctica had more
93 precipitation than the eastern part. The AR activity and the associated moisture transport
94 were, by contrast, reported to be zonally symmetric in the south-polar region (Nash et al.,
95 2018; Wille et al., 2021). Wille et al. (2021) showed that the AR detection frequency was a
96 few days per year at every longitude over the Southern Ocean (see their Fig. 1). Nash et al.

97 (2018) reported that the moisture transport component due to ARs showed less longitudinal
98 variation than the total transport.

99 Given the large contribution of ARs to the annual precipitation over the south polar
100 region, how can we reconcile this apparent contradiction in the zonal symmetry of the
101 distribution between surface precipitation and AR detection frequency? Here, it should be
102 noted that Nash et al. (2018) and Wille et al. (2019, 2021, 2022) defined an AR as an area
103 where the integrated water vapor transport (IVT) is larger than some temporally fixed
104 climatological threshold defined at “each grid point” (e.g. 98th percentile). Indeed, among
105 various algorithms proposed for the AR detection (see Shields et al., 2018 and Rutz et al.,
106 2019, for summary) the methods utilizing spatially dependent criteria, as adopted by Nash
107 et al. (2015) and Wille et al. (2021), have been commonly used for recent studies. These
108 algorithms aim at detecting the area where the IVT is high compared to its local climatology
109 (Guan and Waliser, 2015; Wille et al., 2019), Unfortunately, these may not be suitable for
110 examining the geographical distribution of AR frequency, since the number detected has an
111 upper limit by definition (e.g., when the 98th percentile value in IVT at each grid point is used
112 for detection, the frequency should be the same (i.e., 2%) for all grid points when long data
113 sets are analyzed) (see Appendix A for details including Fig. A1). This limitation of these
114 methods has been pointed out by Maclennan et al. (2022).

115 The detection method employed may also affect the results for long-term trends in
116 AR frequency. For example, Wille et al. (2019), found that the number of ARs detected

117 showed a positive trend over several decades. However, such trend may just reflect an
118 observed positive trend in zonal-mean, background IVT (Fig. 1b); that is, because they used
119 the temporally fixed threshold for AR detection, more ARs would tend to be detected in
120 recent years by this method.

121 We also note that the number of AR “detections” may not simply indicate the actual
122 number of AR “occurrences”. If an AR stays at the same location (grid) over several time
123 steps, it may be counted multiple times in a conventional detection algorithm. Thus, it should
124 be worthwhile to apply a tracking for AR objects and count the actual number of AR
125 occurrences (e.g., Payne and Magnusdottir, 2014; Zhou et al., 2018; Gonzales et al., 2019;
126 Guan and Waliser, 2019). Note that, as far as we know, there are few studies that performed
127 such AR tracking for southern polar region.

128 The original notion of an AR is a literally river-like, spatially localized structure of
129 IVT. The purpose of this study is to elucidate the climatological features of ARs over the
130 south-polar region, using an AR detection algorithm that uses a temporally variable
131 threshold and, thus, is appropriate for extracting such spatially extreme objects at each time
132 step. We will apply this method to revisit the geographical distribution and long-term trends
133 for AR activity and to determine how the results differ from previous studies that used
134 temporally fixed, spatially dependent threshold for AR detection. Here, we adopt a rather
135 simple method proposed by Zhu and Newell (1998), in which an AR is defined at an
136 individual time step as an area that has anomalous IVT on each latitude belt (see Sec. 2 for

137 details). It will be demonstrated that the AR frequency shows a rather zonally asymmetric
138 distribution. Furthermore, AR tracking is performed to determine how much the number of
139 detections reflects the actual number of AR occurrences and the persistence (i.e., the
140 tendency to stay at the position) for occurrences.

141 The seasonality, the long-term trend, and the interannual variability of AR frequency
142 will also be discussed. AR activity is associated with the Southern Annual Mode (SAM) and
143 Pacific South American mode 2 (PSA2), which are modes of interannual variability (Wille et
144 al., 2021; Shields et al., 2022), and the correlation depends on the location (Wille et al.,
145 2021). It has been reported that SAM has a positive long-term trend, especially in austral
146 summer (Thompson and Solomon, 2002; Marshall, 2003), corresponding to the poleward
147 shift of extratropical westerlies (Chen and Held, 2007) and that this leads to the poleward
148 shifts of storm tracks and ARs (Chemke, 2022; Li and Ding, 2024).

149 This paper is organized as follows. In section 2, we describe the dataset and
150 methodology used to detect and track ARs. Section 3 shows the geographical distribution
151 of AR and its contribution to the zonal asymmetry in meridional moisture transport. In Section
152 4, the synoptic meteorological factors contributing to the AR detection/occurrence
153 distribution, notably the storm track and atmospheric blocking, are discussed. The
154 interannual variability of AR frequency is also examined in terms of its relationship with the
155 predominant atmospheric internal variability modes such as SAM and PSA. Section 5
156 summarizes the main findings.

157 **2. Data and Method**

158 *2.1 Reanalysis data*

159 We use the Japanese 55-year Reanalysis (JRA-55) data (Kobayashi et al., 2015),
160 which provides global, 6-hourly atmospheric fields with a longitude-latitude resolution of 1.25
161 °-1.25° and on 41 vertical levels (20 levels below 300 hPa). Data over 41 years between
162 1980 and 2020 are analyzed. Wille et al. (2019, 2021) demonstrated that similar results of
163 AR detection were obtained when their algorithm was applied to different reanalysis: JRA-
164 55, ERA5 (European Centre for Medium-Range Weather Forecasts v5 reanalysis) (Herbach
165 et al., 2020), MERRA-2 (The Modern-Era Retrospective analysis for Research and
166 Applications, version 2), and CFSR (Climate Forecast System Reanalysis). As part of our
167 study, we confirmed that the horizontal distribution of AR detection using our algorithm (c.f.,
168 Fig. 3) was similar between JRA-55 and ERA5 (Fig. S1).

169 *2.2 AR detection algorithm*

170 There are many types of AR detection algorithms proposed in previous studies
171 (Shields et al., 2018; Rutz et al., 2019), though it is common to regard a large, narrow IVT
172 area as an AR. As noted in the Introduction, most recent studies used a method that set
173 different IVT thresholds for individual horizontal grid points. Here, we instead adopt a rather
174 simple method originally proposed by Zhu and Newell (1998) with a slight modification for
175 the present purpose. Notably, their method aimed to find any narrow, large IVT areas at
176 each time step. They showed that the areas identified by their algorithm basically agreed

177 with those determined by a visual (subjective) search for such localized, anomalous areas.
 178 Detailed procedures in the algorithm as we applied it are now described below. First, the
 179 IVT is defined and calculated as the magnitude of the vertically integrated water vapor flux
 180 from the surface to 300hPa:

$$181 \quad IVT = \sqrt{\left(g^{-1} \int_{sfp}^{300hPa} uq \, dp\right)^2 + \left(g^{-1} \int_{sfp}^{300hPa} vq \, dp\right)^2} \quad (2.2.1)$$

182 Here, q is specific humidity (kg kg^{-1}), u and v are zonal and meridional wind velocity (m s^{-1}),
 183 respectively, sfp is the surface pressure, and g ($=9.80665 \text{ m s}^{-2}$) is the gravitational
 184 acceleration.

185 Second, we detect areas where the IVT exceeds 30% of the maximum zonal
 186 anomaly of IVT at each latitude (Zhu and Newell, 1998). Of these objects, we then select
 187 ones which meet two geometric criteria: 1) length $>2000 \text{ km}$, and 2) ratio of length to width
 188 >2 (Guan and Waliser, 2015). Here we define the length as the distance between the two
 189 most distant grid cells included in the object. The width is calculated as the area divided by
 190 its length. Note that the two geometric criteria implicitly require that the width be larger than
 191 1000 km . Finally, if the IVT averaged over the object exceeds $100 \text{ kg m}^{-1}\text{s}^{-1}$, we regard
 192 the object as an AR (c.f. Guan and Waliser, 2015). We chose this rather low threshold of
 193 IVT because of the typically low moisture content in the polar regions. Figure 1a shows the
 194 latitudinal distribution of zonal mean IVT for the recent four decades. We indeed see that
 195 IVT is usually very small, being less than $50 \text{ kg m}^{-1}\text{s}^{-1}$, poleward of 65°S .



196 To study the sensitivity to the parameters used for detection, we compared AR
197 detection frequency to that based on the difference percentage of the threshold and
198 geometric requirements. While the different percentages of the threshold do not affect the
199 result of AR detection quantitatively, the geometric requirements are necessary for detecting
200 meridionally elongated objects (i.e., a river-like structure) (see Appendix B for details) (Fig.
201 3, B1, and B2).

202 A strong point of the present method is that the detected objects basically have
203 characteristics of the original notion of AR (i.e., a river-like structure) (Zhu and Newell, 1998).
204 Note that the results with the present method are insensitive to the climatological trend of
205 background moisture transport. Figure 1b shows the time evolution of the annual, zonal
206 mean IVT at each latitude, while Figure 1c shows their linear trends. Between 40°S and 65
207 °S, where the zonal mean IVT is large, the mean IVT does not change much over the 1980s
208 and 1990s, while it slightly increased after that, particularly for the most recent decade (Fig.
209 1b). As a result, the zonal mean IVT shows a significant, increasing trend between 40°S and
210 65°S (Fig. 1c). For this situation, as noted in Introduction, the AR algorithms that use a
211 temporally fixed threshold would tend to detect more ARs in recent years. By contrast, the
212 present algorithm extracts a localized IVT area at each time step, and thus the trend in AR
213 detection “frequency”, if any, should be little affected by this factor, though the individual AR
214 “intensity” (the magnitude of IVT in each AR) could change.

215 Figure 2 shows examples of ARs detected on May 6th-8th, 2019 (a-c) and January

Fig. 2

216 17th-19th, 1980 (d-f) as detected by the present algorithm. We see that these ARs have long
217 narrow structures, with humid air intruding from low to high latitudes. The ARs for the first
218 case (Figs. 2a-c) move eastward, with their water vapor flux being eastward or
219 southeastward. On the other hand, the ARs for the second case (Figs. 2d-f) persist at almost
220 same position and transport water vapor poleward (Figs. 2d-f). Such a difference will be
221 discussed later in Secs. 3 and 4.

222 2.3 AR tracking

223 To count the actual number of AR occurrences, an AR-tracking analysis is
224 performed. If an AR at one time step overlaps the AR at the next time step by more than
225 10%, the two objects are regarded as the same one. Considering that a typical AR moves
226 ~ 100 km over 6 hours (one time step of the dataset) (a typical speed is 6 m s^{-1} ; Newell et
227 al., 1992) and the width of detected AR is always >1000 km by the geometric criteria for
228 detection (Sec. 2.2), the overlapping ratio of the two objects at adjacent time steps should
229 be $>10\%$. Repeating this operation, we can track an AR from its origin to termination. The
230 number of tracks is thus the number of AR “occurrences”. We also calculate the persistence
231 of an AR at each grid point as the number of AR detections divided by that of AR occurrence.

232 An AR sometimes separates into several ARs and sometimes merges with other
233 ARs. For separation, all “child” ARs are regarded as the same one as the “mother” AR (the
234 AR occurrence remains one after the separation). For the merger, the one whose “age”
235 (the period from the generation to the merger) is the oldest is identified as the one that

236 continues after the merger. On the other hand, the other younger ARs merged into the AR
 237 are regarded as terminated one-time step before the AR merger. The treatment of merger
 238 and separation is different from that of previous studies.

239 One example of AR tracking is shown in Figs. 2a-c. We find that a relatively small
 240 AR located at about 30°E between 20°S and 30°S at 06 UTC on May 6th, moves eastward
 241 with time while developing (denoted by a green arrow). These ARs are indeed regarded as
 242 the same one by our tracking method, as seen by gray contours which show the outline of
 243 the footprint of this AR over 78 hours of the tracking period. This outline indicates that the
 244 AR occurred at the south of African continent, moved southeastward and then terminated in
 245 the south of Australia.

246 2.4 Storm track identification

247 The storm track is the region where the synoptic-scale Eddy Kinetic Energy (EKE)
 248 reaches its maximum (Inatsu and Hoskins, 2004). In this study, EKE is calculated as

$$249 \quad EKE = \frac{1}{2}(\overline{u^{*2}} + \overline{v^{*2}}), \quad (2.4.1)$$

250 where u and v are the zonal and meridional winds, respectively, the asterisk denotes the
 251 zonal anomaly and $\overline{F_{(t)}}$ is the synoptic-scale component of F (u or v) at time t (Inatsu and
 252 Hoskins, 2004), which is obtained as;

$$253 \quad \overline{F_{(t)}} = \sum_{k=-5}^5 a_{|k|} F_{(t+k \text{ day})}.$$

254 Here, $F_{(t+k \text{ day})}$ is the daily mean quantity, while $(a_1, a_2, a_3, a_4, a_5) =$
 255 $(0.7, -0.25, -0.15, 0.042, 0.041, 0.057)$.

256 *2.5 Blocking high detection*

257 Blocking highs are detected in the region between 45°S and 70°S, basically
 258 following the methods applied for the blocking high in the Northern Hemisphere, which were
 259 proposed by Barriopedro et al. (2006) and Kazamoto (2008). At each grid point with its
 260 longitude and latitude being λ and φ , respectively, the meridional geopotential height
 261 gradients on the north side (GHGN) and the south side (GHGS) are calculated as;

$$262 \quad GHGN = \frac{Z_{(\varphi_0, \lambda)} - Z_{(\varphi_n, \lambda)}}{\varphi_n - \varphi_0},$$

$$263 \quad GHGS = \frac{Z_{(\varphi_s, \lambda)} - Z_{(\varphi_0, \lambda)}}{\varphi_0 - \varphi_s},$$

264 where $Z_{(\varphi, \lambda)}$ denotes the daily mean geopotential height and,

$$265 \quad \varphi_n = \varphi_0 + 20^\circ,$$

$$266 \quad \varphi_s = \varphi_0 - 17.5^\circ. (2.5.2)$$

267 If the following requirements are met over some days (n days), it is determined that a
 268 blocking high is occurring on the grid point;

$$269 \quad GHGN > 0,$$

$$270 \quad GHGS < -10 \text{ (m deg.}^{-1}\text{)},$$

$$271 \quad Z_{(\varphi_0, \lambda)} - [Z_{(\varphi_0)}] > 0,$$

272 where the square brackets denote the zonal mean. Although Kazamoto(2008) adopted $n =$
 273 5, this study sets $n = 3$ because the blocking highs in the Southern Hemisphere tend to
 274 persist for shorter durations than those in the Northern Hemisphere (Trenberth and Mo,
 275 1985). As part of this study we found that the distribution of identified blocking highs (c.f.,

276 Fig. 11) is qualitatively similar for when different n values between 1 to 5 were used(not
277 shown). An example of blocking episodes is the case shown in Figs. 2d-f. For this case, an
278 blocking high at about 150°W persisted over four days (from January 17th to January 20th
279 in 1980).

280 *2.6 Modes of internal variability*

281 SAM, Pacific South American mode 1 (PSA1), and PSA2 are defined as the first,
282 second, and third empirical orthogonal functions (EOFs), respectively, for the
283 deseasonalized and area-weighted monthly mean 500hPa geopotential height between 20°
284 S and 70°S (Marshall et al., 2017). We reproduce this by using data for 41 years between
285 1980 and 2020. with the EOF patterns being shown in Figure S2. Note that PSA1 (PSA2)
286 pattern in this study corresponds to PSA2 (PSA1) in previous studies (Marshall et al., 2017;
287 Shields et al., 2022); the difference is likely due to the difference in analysis period (the
288 contribution rate for EOF2 and EOF3 are 11% and 9% in our case so that they could be
289 easily reversed depending on the analysis period).

290 **3. Results**

291 *3.1 Zonally asymmetric distribution of AR frequency*

292 Figure 3 shows the distribution of AR detection frequency over the Southern Ocean.
293 Obviously, the distribution is not zonally symmetric and has a marked geographical
294 dependence. The region with the most detected ARs extends from the southern Atlantic (45°
295 W-0°W, 30°S) south-eastward toward the south-western part of Antarctica (120°W, 80°S),

Fig. 3

296 exhibiting a spiral-like structure (see e.g., the contour of 50 days year⁻¹). Zhu and Newell
297 (1998), who originally used the AR detection algorithm in this study, suggested that the AR
298 frequency shows a similar distribution to the storm track (See Sec. 4.2 for details).

299 We find three local maxima with the detection frequency higher than 65 days year⁻¹
300 along this region: the southern Atlantic Ocean (>70 days year⁻¹; 45°W-0°W, 30°S), the
301 southern Indian Ocean (>65 days year⁻¹; 45°E-90°E, 45°S), and the southern Pacific Ocean
302 (>75 days year⁻¹; 150°E-150°W, 60°S). It may be worth mentioning that there is a steep
303 jump between the east and west side of the Drake Passage (60°W, 70°S): the detection
304 frequency is lower in the eastside compared to the west side. For the Antarctic coastal area,
305 the detection frequency is much higher on the west side (>60 days year⁻¹) than on the east
306 side (<20 days year⁻¹). Also note that over the Antarctic continent, the frequency is high
307 (>20 days year⁻¹) for low altitude regions and low (<10 days year⁻¹) for high altitude
308 regions. As far as the authors know, such geographical dependency has never been
309 reported in previous studies.

310 Figure 4a shows the distribution of AR “occurrence” frequency (color). AR
311 occurrence frequency shows a very similar structure to that of the AR detection frequency
312 (Figs. 3 and 4a): the local maxima over the Southern Pacific Ocean and the Indian Ocean
313 agree well between the detection and occurrence frequencies. It should be noted however
314 that the AR occurrence frequencies over the Atlantic and Pacific Oceans are smaller than
315 that over the Indian Ocean (Fig. 4a), while the AR detection frequencies over the Atlantic

Fig. 4

316 and Pacific Oceans are larger than that over the Indian Ocean (Fig. 3).

317 Figure 4b shows the persistence of ARs. The regions where the AR occurrence
318 frequency is greater than 50 year^{-1} and the ARs persist for longer than 1 day are denoted
319 by black contours. It is found that the persistence in the high occurrence frequency region
320 is longer over the Southern Pacific and the Atlantic Ocean (black contour), than the Indian
321 Ocean, which is consistent with the distribution of AR detection frequency and is in the
322 opposite sense for the AR occurrence frequency. These findings suggest that the maxima
323 of AR detection frequency over the Atlantic and the Southern Pacific Oceans (Fig. 3) are
324 attributed to both the occurrence frequency and persistency, while that over the Indian
325 Ocean is mainly to only the occurrence frequency.

326 Figure 4c shows the number of ARs detection for which only ARs at the first time
327 step in each tracking are considered. The results are thus regarded as the frequency
328 distribution of AR origins. The AR origins are frequently observed on the South American
329 continent, the western Atlantic Ocean, the western Indian Ocean, the eastward of the Drake
330 Passage, and over the Southern Pacific Ocean. The most prominent region of these is the
331 South American continent. In fact, Newell et al. (1992) suggested that this area is the main
332 source of large moisture flux into the Atlantic. Comparing Figs. 3 and 4c, it is found that the
333 AR origins are generally situated on the western side of regions with high AR detection
334 frequency over the western Atlantic and the western Indian Oceans. This seems reasonable
335 considering that typical ARs move eastward on the westerly jet stream. By contrast, over

336 the Southern Pacific Ocean, the local maximum for the AR origin frequency corresponds
337 almost exactly to the that for the AR detection frequency. Such marked difference will be
338 discussed in Sec. 4.2.

339 3.2 *The role of ARs in moisture transport*

340 This section examines the contribution of AR to the meridional moisture transport,
341 including its geographical dependence. We calculate the annually accumulated meridional
342 water vapor flux caused by AR (hereafter referred to as “AR-related moisture transport”).
343 Figures 5 compares the AR-related moisture transport (panel a) with the total transport Fig. 5
344 (panel b), with panel c showing their difference. The distribution of AR-related moisture
345 transport (Fig. 5a) aligns closely with the high-frequency region of AR detection (Fig. 3), with
346 local maxima seen over the southward Atlantic, the southward Indian Oceans, and
347 southward of Australia. It is found that these spatial features are also observed in the total
348 moisture transport (Fig. 5b) while the transport caused by other factors than AR is
349 significantly smaller (Fig. 5c).

350 A notable difference between Fig. 3 and Fig. 5a may be in that the zonal asymmetry
351 is less evident at high latitudes near the Antarctic continent (poleward of 60°S): Specifically,
352 the AR frequency maximum over the Southern Pacific (Fig. 3) is not so clear in the AR-
353 related moisture transport (Fig. 5a). This is likely due to the fact the moisture content of the
354 air decreases toward the pole (c.f., Fig. 1). However, we still see that a large fraction of
355 moisture transport is caused by AR and that the zonal asymmetry in total moisture transport

356 is largely produced by that in AR activity. (Fig. 5b and 5c; see also Fig. 6 (the lowest panel)).

357 Figure 6 shows the zonal variation of meridional moisture transport at 40°, 50°, 60°,
358 and 70°S. It is found that AR (red curves) contributes to up to 70% of the total transport (blue
359 curves). The zonal and meridional dependence of AR-related moisture transport aligns, of
360 course, with the spatial structure as found Fig 5a. At 40°S and 70°S, the AR-related moisture
361 transport is large for the region from 120°E through 180°E/W to 60°W that corresponds to
362 the maximum region for AR detection frequency over the Southern Pacific near Antarctica
363 (Figs. 3 and 5a).

Fig. 6

364 3.3 *Seasonal variations of AR activity and moisture transport*

365 Fig. 7 shows the seasonally averaged AR detection frequency. For all seasons, the
366 results are quite similar to the annual-mean (Fig. 3). Among the 4 seasons there are only
367 small differences (from 3% to 6%) within the spiral-like structure.

Fig. 7

368 Fig. 8a shows the seasonal variations of the total and AR-related moisture transport
369 at 40°, 50°, 60°, and 70°S. The AR-related moisture transport and the total moisture
370 transport show a similar seasonal variation, taking its maximum in austral fall and gradually
371 decreasing toward austral summer at every latitude. This indicates that the seasonal
372 variation of the total moisture transport is also largely explained by that of the AR activity.
373 The contribution rate of AR-related moisture transport to the total one shows little seasonal
374 variation from 40°S to 50°S, while it is large (small) in summer (winter) poleward of 60°S.

Fig. 8

375 To further examine responsible factors for the seasonality in AR-related moisture

376 transport, Figure 8b shows the seasonal variations (3-month running mean) in the individual
377 AR intensity defined from the AR area-averaged IVT (hereafter, the AR intensity; blue lines)
378 and those in the number of AR detection (red lines). The AR intensity has a maximum from
379 austral summer to fall and a minimum in winter, which may reflect the seasonal variation in
380 atmospheric moisture content due to that in temperature via the Clausius-Clapeyron
381 relationship (Fig. 8b). By contrast, the number of AR detections is large from fall through
382 winter to spring, which may be related to the fact that the storm track becomes vigorous in
383 winter due to the strong baroclinic instability below the zonal jet stream that is shifted
384 poleward in this season (Nakamura and Shimpo, 2004). It is seen that these two factors
385 both contribute to the seasonality of AR-related moisture transport.

386 *3.4 The long-term trend of AR activity*

387 Figure 9 shows the time series of seasonal AR intensity values for ARs crossing 60°
388 S together with least squares linear fit over the 41 years analyzed. The results calculated
389 from JRA55 (solid lines) and ERA5 (dashed lines) are presented. It is seen that the two
390 datasets shows a very similar interannual variability and long-term trend including their
391 seasonality. For JRA55, the AR intensity shows a significant positive trend at 99% significant
392 level in DJF (from December to February; $0.63 \text{ kg m}^{-1}\text{s}^{-1}$) and at 95% significant level in
393 MAM (from March to May; $0.37 \text{ kg m}^{-1}\text{s}^{-1}$).

Fig. 9

394 The trend in AR intensity should be explained by the two factors: the trend in the AR
395 area-averaged vertically integrated water vapor (IWV) (Fig. S3) and that in the wind speed

396 in AR. In fact, in DJF, a positive long-term trend of atmospheric temperature has been found
397 over the Southern Ocean (Li and Ding, 2024). Higher temperature should lead to an increase
398 in the atmospheric water vapor content, which leads to larger IWV in AR (Fig. S3), and thus
399 to a positive trend in the AR intensity. In addition, it has been reported that the strengthened
400 polar vortex has led to an increase in surface westerlies at 60°S, recognized as the poleward
401 shift of surface westerlies or a positive trend in the SAM index (Chen and Held, 2017).
402 Indeed, Li and Ding (2024) suggested that AR frequency (detected using a temporally fixed
403 threshold though) increased around 60°S over the Southern Ocean for the last four decades
404 due to the poleward shift of AR; this trend likely corresponds to the positive trend in the AR
405 intensity in the present case. It may be worth mentioning that while the long-term trends of
406 AR intensity are similar between JRA55 and ERA5, there is a marked difference in the IWV
407 trend between the two datasets (Figs. 9 and S3). This indicates that the relative importance
408 of the two factors (i.e., IWV or wind speed) for the AR intensity trend is slightly different
409 between the two datasets. In MAM, albeit a similar trend in the IWV, its magnitude was
410 reported to be relatively small compared to those in DJF (Marshall, 2003) (see also Fig. S3),
411 consistent with the trend in AR intensity found in this study.

412 For JJA (from June to August) and SON (from September to November), by contrast,
413 the AR intensity shows a relatively weak positive trend ($0.15 \text{ kg m}^{-1}\text{s}^{-1}$ in JJA (no
414 significant level) and that of $0.24 \text{ kg m}^{-1}\text{s}^{-1}$ in SON (no significant level)) compared to that
415 in DJF and MAM. Such seasonal contrast may be associated with the seasonality of the

416 Antarctic sea ice extent. The Antarctic sea ice extent takes its maximum in September and
417 it often reaches 60°S in austral winter (JJA and SON) (Parkinson and Cavalieri, 2012; Turner
418 et al., 2015). Francis et al. (2020) suggested that the water vapor capacity of a cold
419 atmosphere, and thus IVT, rapidly decreases over the sea ice zone. At least for the satellite
420 observation era (since 1979), the Antarctic sea ice extent has been increasing (especially in
421 the Ross sea sector, where the AR detection frequency takes its maximum at 60°S)
422 (Parkinson and Cavalieri, 2012; Turner et al., 2015). This factor may account for the
423 negligible trend in the AR intensity during austral winter.

424 Figure 10 shows the time series of seasonal AR detection number for ARs that cross
425 60°. By contrast to the long term trend of AR intensity (Fig. 9), that of the AR detection
426 number has no significant trends in any season for both JRA55 and ERA5 (Fig. 10). As
427 noted in Introduction, some previous studies using the climatological threshold for the AR
428 detection algorithm showed a climatologically positive trend in AR detection frequency (e.g.,
429 Wille et al., 2019). This study instead shows that the AR detection number does not change,
430 while the individual AR intensity shows an increasing trend (again for DJF and MAM; Fig.
431 9). Newell et al. (1992) have reported that there are typically five ARs at one time over the
432 Southern Ocean in mid-latitudes. Our finding suggests that the number of ARs over the
433 Southern Ocean is still typically five, while their individual intensity has been strengthening.

434 **4. Discussion**

435 *4.1 Comparison with previous studies*

436 As noted in the Introduction, recent studies reported that the AR frequency and the
437 resultant climatological meridional moisture flux basically had a zonally symmetric
438 distribution (Guan and Waliser, 2015, 2023; Nash et al., 2018; Wille et al., 2021). Our study,
439 by contrast, has clearly demonstrated that the AR detection frequency has a zonally
440 asymmetric distribution. Such disagreement is likely caused by the difference in the AR
441 detection algorithms. As noted in Section 2.2., most previous studies applied an algorithm
442 that used a temporally fixed but spatially dependent, criteria for AR detection (i.e., a
443 percentile value for IVT at each grid point) so that the geographical distribution was hardly
444 produced: in Appendix A, we present further discussion by revisiting the algorithm proposed
445 by Wille et al. (2021). The present study instead adopts the algorithm originally proposed by
446 Zhu and Newell (1998) that searches for an area that has anomalous IVT at each time step.
447 This is suitable for detecting “rivers” as visualized by the IVT and also for examining the
448 geographical distribution because the criteria for detection do not depend on local
449 climatology. Notably, this zonally asymmetric feature is consistent with the distribution of the
450 annual total precipitation over Antarctica (Bromwich et al., 2004): the AR activity and the
451 resultant moisture transport is stronger in the western hemisphere along the Antarctic
452 coastal region.

453 The contribution of ARs to total moisture transport (about 70%) is smaller than that
454 reported in previous studies. Zhu and Newell (1998) reported that the AR’s contribution is
455 ~90% even though their algorithm was adopted in the present study. Nash et al. (2018) also

456 suggested that the contribution is ~90% while they used the AR algorithm developed by
457 Guan and Waliser (2015), which regarded the area with the IVT larger than its 85th
458 percentile as IVT. The difference between the present and these two previous studies may
459 result from the fact that we set the geometric requirements and the lower limit for IVT in the
460 algorithm (see details in Sec. 2.2). Although there is such a difference in the AR contribution
461 fraction, the seasonal variation of AR contribution to the total transport, i.e., maximum in
462 summer, is qualitatively consistent with that reported in a previous study (Zhu and
463 Newell, 1998).

464 *4.2 Synoptic-scale phenomena contributing to the AR activity*

465 This section discusses two meteorological factors namely, storm track and blocking
466 high, to interpret the geographical distribution in AR frequency. These factors were thought
467 to be keys for AR occurrence (e.g., Zhu and Newell, 1998; Wille et al., 2021) but their relative
468 roles have not been examined in detail. In Sec. 3 we highlighted the presence of three
469 distinct maxima in the AR detection frequency: the southern Atlantic Ocean, the southern
470 Indian Ocean, and the southern Pacific Ocean. Recalling that the AR occurrence frequency
471 is mainly responsible for the maximum in the Indian Ocean, while the persistence as well as
472 the occurrence frequency are both responsible for the maxima in the Atlantic and in the
473 southern Pacific Ocean, we infer that responsible factors are different depending on the
474 geographical location.

475 a. Indian Ocean

476 Figure 11a shows the horizontal distributions of annual-mean synoptic-scale EKE
477 as an indicator of the storm track axis. EKE is relatively strong in the eastern hemisphere
478 and takes its maximum in the south-eastern Indian Ocean. According to Inatsu and Hoskins
479 (2004), the geographical dependence of the storm track can be attributed to the orography
480 of the Andes and the South African Plateau and the midlatitude sea surface temperature
481 anomaly.

482 Notably, this maximum region of EKE agrees well with the maximum of AR detection
483 frequency over the Indian Ocean. It is thus likely that the AR origins in this region are mostly
484 associated with eastward-traveling extratropical cyclones that are born in the western part
485 of the Indian Ocean ($\sim 40^\circ\text{E}$, c.f., Fig. 4c) and reach their mature stage at $\sim 90^\circ\text{E}$ (Figure
486 11a). The AR appearing in Figs. 2a-c is regarded as an example of this type. We see that it
487 is moving eastward toward the Indian Ocean while developing.

488 To further support this conclusion, Figure 12 shows the composite mean of
489 geopotential height (GPH) anomalies at 500 hPa level from the annual-mean climatology.
490 The composite is taken for the cases when ARs touched the area with AR detection
491 frequency larger than $65 \text{ days year}^{-1}$ over the Indian Ocean (the ARs detection frequency
492 for this case is denoted by the green contours). It is observed that a typical AR in this region
493 accompanies a negative and positive GPH anomaly on its west and east, respectively (Fig.
494 12a), suggesting again that the AR activity in this region is often associated with extratropical
495 cyclones.

Fig. 12

496 b. Atlantic Ocean

497 The maximum of AR detection/occurrence over the Atlantic Ocean (Figs 3 and 4a)
498 also seems to correspond to some part of the storm track, but the EKE is relatively low
499 compared to that over the Indian Ocean. The composite mean GPH anomaly over the
500 Atlantic Ocean is shown in Fig. 12b. This composite is taken for the cases when ARs
501 touched the area with AR detection frequency larger than $70 \text{ days year}^{-1}$. We see that the
502 geopotential pattern is qualitatively similar to that over the Indian Ocean (Figs. 12a and 12b),
503 but these anomalies are smaller than those in the Indian Ocean as is consistent with the
504 lower EKE.

505 We here note again that the persistence is long for this region (Fig. 4b) and that
506 there is a maximum region for the number of AR origins over the South American continent
507 (Fig. 4c). Newell et al. (1992) suggested that ARs were often born over the Amazon and that
508 they travel southeastward into the Atlantic. On the South American continent, the northerly
509 wind originating from the tropics holds significant moisture and is present throughout the
510 year (James and Anderson, 1984).

511 It may be thus speculated that the maximum AR detection frequency over the
512 Atlantic is related to the quasi-stationary moisture transport by the northerly wind at the
513 western edge of the subtropical high over the Atlantic, and that these ARs are related to the
514 genesis and/or early-stage development of the extratropical cyclones.

515 c. Pacific Ocean

516 Figure 11b shows the horizontal distribution of the blocking high frequency in the
517 Southern Hemisphere. The geographical dependence agrees with that reported in a
518 previous study (Trenberth and Mo, 1985) in that blocking highs frequently occur in the
519 western South Pacific Ocean. We clearly see that this maximum region corresponds well to
520 the local maxima of the number of AR occurrences (Fig. 4a), the number of AR origins (Fig.
521 4c), and persistence of ARs in this region (Fig. 4b). It is indicated that the blocking events
522 not only prevent ARs from moving eastward and make them persist in this area but also
523 contribute to the generation of new ARs in this region (Fig. 4c). The AR appearing in Figs.
524 2d-f is regarded as an example of this type. We see that humid air is intruding into the
525 Antarctica along the western edge of the blocking high, which persists (at least) over the
526 three consecutive days.

527 The importance of the blocking is also supported by the composite of GPH anomaly
528 distribution in this region (Fig. 12c). This composite is taken for the cases when ARs touched
529 the area with AR detection frequency larger than $75 \text{ days year}^{-1}$. A typical AR in this region
530 accompanies a positive GPH anomaly, showing a quite different feature from the composite
531 in other regions (Fig. 12). The AR detection frequency shows its maximum downstream of
532 the IVT along the anomalous high, indicating that the blocking high is mainly responsible for
533 the AR over the Southern Pacific Ocean.

534 It was suggested that a favorable environment for the blocking in the western South
535 Pacific is associated with the planetary wave with zonal wave number 1 (Trenberth and Mo,

536 1985). Van Loon and Jenne (1972) indicated that the planetary wave itself is forced by the
537 zonally asymmetric topography of the Antarctic continent. Thus, the Antarctic topography
538 may indirectly contribute to making ARs form and persist in the South Pacific Ocean.

539 *4.3 Interannual variability in AR detection number*

540 As discussed in previous studies (Wille et al., 2021; Shields et al., 2022), the
541 interannual variability in the appearance of AR may be associated with the atmospheric
542 interannual variability, such as the SAM and PSA1 patterns. It is known that the SAM and
543 PSA1 patterns are associated with the wind circulation and moisture transport around
544 Antarctica, especially around west Antarctica (Marshall et al., 2017). Notably, the
545 geopotential patterns for these modes (Fig. S2) show a positive anomaly over the Pacific
546 sector that is similar to the composite pattern for the cases of AR appearing in this region.
547 (Fig. 12c).

548 Actually, we find that the time series of the deseasonalized monthly cumulative AR
549 number composited in the Pacific sector (AR time series) is correlated with both time series
550 of SAM and PSA1, with correlation coefficients of 0.42 and 0.35, respectively (Figs. S4a and
551 S5a). The coefficient of determination (R^2) obtained from the multiple linear regression
552 analysis between the AR time series and the time series of SAM and PSA is 0.30 (that
553 obtained from simple linear regression analysis is 0.18 and 0.12, respectively.)

554 The interannual variability of the maxima AR detection frequency in other sectors is
555 also compared to the time series of the SAM index, but the correlation coefficients are found

556 insignificant, -0.15 and 0.02 over the Atlantic and the Indian Ocean, respectively (Figs. S4b
557 and S4c).

558 **5. Conclusion**

559 This study comprehensively examined the morphology of AR in the south polar
560 region using an AR detection method that extracts localized, narrow IVT area at each time
561 step. This method contrasts with conventional methods which use some fixed, percentile
562 value defined at each grid point for AR detection. These earlier approaches lead to detection
563 numbers tending to be the same at all grids (i.e., zonally symmetric): also more ARs tend to
564 be detected in more recent years due to the increase in background water vapor content.

565 With the present method, we discovered that the AR frequency distribution shows a
566 zonally asymmetric, spiral-like structure from the Atlantic at mid-latitudes to the Southern
567 Pacific at high latitudes, with three distinct maxima in the Atlantic, Indian, and Pacific Oceans.
568 Such a geographical dependence has not been reported in previous studies.

569 The ARs play a significant role in meridional moisture transport, accounting for 70%
570 of total transport. The moisture transport also has a clear zonal asymmetry which we find
571 can be explained by the zonal asymmetric distribution of AR. This finding may in turn explain
572 some part of the geographical dependence of precipitation over the Antarctic continent. The
573 AR-related moisture transport shows a seasonal variation being large from austral fall
574 through winter to spring. This seasonal variation is attributed both to the number of ARs
575 (maximum from fall to winter) and the individual AR intensity (maximum from summer to

576 fall).

577 We further discussed the meteorological factors contributing to the local maxima of
578 the AR detection frequency. The ARs over the Indian Ocean and the Atlantic are likely
579 associated with extratropical cyclones but with a slight difference: those over the Indian
580 Ocean are likely associated with developed, eastward moving cyclones, while those over
581 the Atlantic are likely formed along quasi-stationary, northerly wind from the South American
582 continent and are associated with developing cyclones. By contrast, ARs over the Southern
583 Pacific are primarily attributed to blocking highs. Notably, these results are consistent with
584 the analysis of AR tracking that enabled us to examine the horizontal distribution of the origin
585 and persistence of ARs. We find that the number of AR detections has a marked interannual
586 variability. Especially, the variability over the Southern Pacific are in part correlated with the
587 SAM and PSA, as their mode structures in geopotential height are similar to the pattern for
588 the cases of AR appearing in this region.

589 It is also found that the AR intensity (the mean IVT in one AR) shows a positive long-
590 term trend in DJF and MAM, while there was no significant trend in the AR detection number.
591 We discussed that the reason for the small trends in austral winter may be related to the
592 increasing trend of sea ice extent and the resultant decrease in IVT over the sea ice zone
593 According to recent study, however, Antarctic sea ice extent has started to decrease rapidly
594 since 2016 (Purich and Doddridge, 2023). This may cause the intensification of individual
595 ARs even in austral winter. Furthermore, intense ARs can contribute to the formation of

596 Antarctic sea ice polynya and maintain it from austral winter to spring (Francis et al., 2020).
597 To understand such an interaction between ARs and sea ice, the long-term trend of ARs
598 need to be further examined.

599 Recently an increasing trend in the annual snow accumulation rate has been
600 reported at several places over Antarctica (e.g., Wang et al., 2021; Oyabu et al., 2023).
601 Considering that the AR is reported to contribute to snow accumulation over inland
602 Antarctica (Gorodetskaya et al., 2014; Wille et al., 2021, 2024), the observed trend in surface
603 mass balance may be in part explained by the positive trend of AR activity discovered in this
604 study. However, it was suggested that the AR had also a negative impact on the ice mass
605 due to the calving of ice shelves (Bozkurt et al., 2018; Wille et al., 2019, 2022). Thus, further
606 analysis is necessary for quantifying the two counter effects in a future study.

607

608 **Data Availability Statement**

609 The JRA55 dataset was collected and distributed by Research Institute for Sustainable
610 Humanosphere, Kyoto University (<http://database.rish.kyoto-u.ac.jp/index-e.html>). ERA5
611 data is available from the Copernicus Climate Change Service (C3S) Climate Data Store at
612 (<https://doi.org/10.24381/cds.adbb2d47>). The code will be provided upon request.

613

614 **Appendix**

615 A. Comparison with the *AR detection algorithm developed by Wille et al. (2021)*

616 Many recent studies use temporally fixed, spatially dependent criteria for AR
617 detection. In this Appendix, we discuss how the results obtained with such a conventional
618 approach differ from the present results. Here, we trace the algorithm utilized by Wille et al.
619 (2021) (hereafter referred to as the “W-method”), who showed that the resultant AR
620 frequency distribution was zonally symmetric over the south polar region.

621 The W-method considers the domain between 37.5°S and 80°S, and the objects
622 within this domain that satisfy the following two conditions are regarded as ARs: (1) the
623 meridional component of IVT exceeds the 98th percentile value at each grid point, and (2)
624 they extend at least 20°S in the meridional direction.

625 Figure A1 shows the annual mean AR frequency as reproduced with the W-method
626 using JRA55 data. The distribution is zonally-symmetric, with its maxima being located
627 around 60°S. This is consistent with the results of Wille et al. (2021) (see their Fig. 2), who
628 used ERA-5 data for the period between 1980 and 2018. The distribution has a marked
629 contrast with the present result (Fig.3), which shows a clear zonally asymmetric distribution.

630 The zonally symmetric distribution in AR frequency from the W-method is
631 understandable since the frequency is automatically limited by 2% (recall the vIVT condition
632 (1) above). Note that the frequency is not exactly equal but slightly smaller than 2% because
633 of the condition (2): even if a high vIVT object satisfies the condition (1), it is hard to meet
634 the condition (2) near the meridional boundary of the analysis domain (37.5°S or 80°S). This
635 is demonstrated in Figure A2, which shows how the two different methods (the present

636 method (green contours) and the W-method (purple solid contours)) detect ARs on 7th and
637 8th May 2019 (these are identical to the cases in Figs. 2b and 2c). Additionally, for the W-
638 method, the objects meeting IVT threshold but not geometric criteria are represented as the
639 dashed purple contours. Both methods basically detect the same objects, but for the W-
640 method, the geometric criteria and the meridional boundary inhibit them from being identified
641 as ARs. For example, a high-IVT object located in the center of the panel of Fig. A2 shows
642 a meridionally elongated structure (green solid contour), but the boundary at 37.5S artificially
643 cut the object, and its meridional extension is underestimated (purple dashed contour).

644

645 *B. Sensitivity to AR detection parameter and the necessity of geometric condition for the*
646 *present study*

647 Figure B1 shows the AR detection frequency with the IVT threshold changed from
648 30% of the maximum zonal anomaly (default value) to 20% (Fig. B1a) or 40% (Fig. A3b). In
649 either case, the AR detection frequencies are qualitatively similar in distribution with the case
650 with 30% (Fig. 3). This indicates that the zonally asymmetric distribution of AR detection
651 frequency is a robust feature.

652 By contrast, the geometric criteria play a key role in AR detection especially near
653 south pole. Figure B2 shows the AR frequency distribution as deduced without geometric
654 criteria applied. Comparing this with Fig. 3 (with geometric criteria applied), we see that the
655 results change little over the ocean, while there are significant differences at higher latitudes

656 especially over the continent ($>60^{\circ}\text{S}$): the frequency over west Antarctica is much higher in
657 Fig. B2 than Fig. 3. This is likely due to the fact that the IVT is climatologically high in this
658 region so that this area is sometimes regarded as AR even if it does not have a long-shaped,
659 river-like structure with moisture transport from lower latitudes. To avoid detecting such
660 relatively high IVT areas involving no moisture transport from lower latitudes, the geometric
661 requirement needs to be applied to identify the AR detection frequency distribution.

662

663

664 **Supplement**

665 Figure S1 shows the annual-mean AR frequency as derived from the ERA5 dataset. Figure
666 S2 shows the spatial patterns of the first, second, and third EOF (empirical orthogonal
667 function) in geopotential height at 500 hPa, which represents the spatial patterns of SAM,
668 PSA1, and PSA2 respectively. Figure S3 shows the seasonal mean vertically integrated
669 water vapor anomalies from the 41-year mean of ARs crossing 60°S between 1980 and
670 2020 and its linear trend as derived from JRA55 and ERA5.

671

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679

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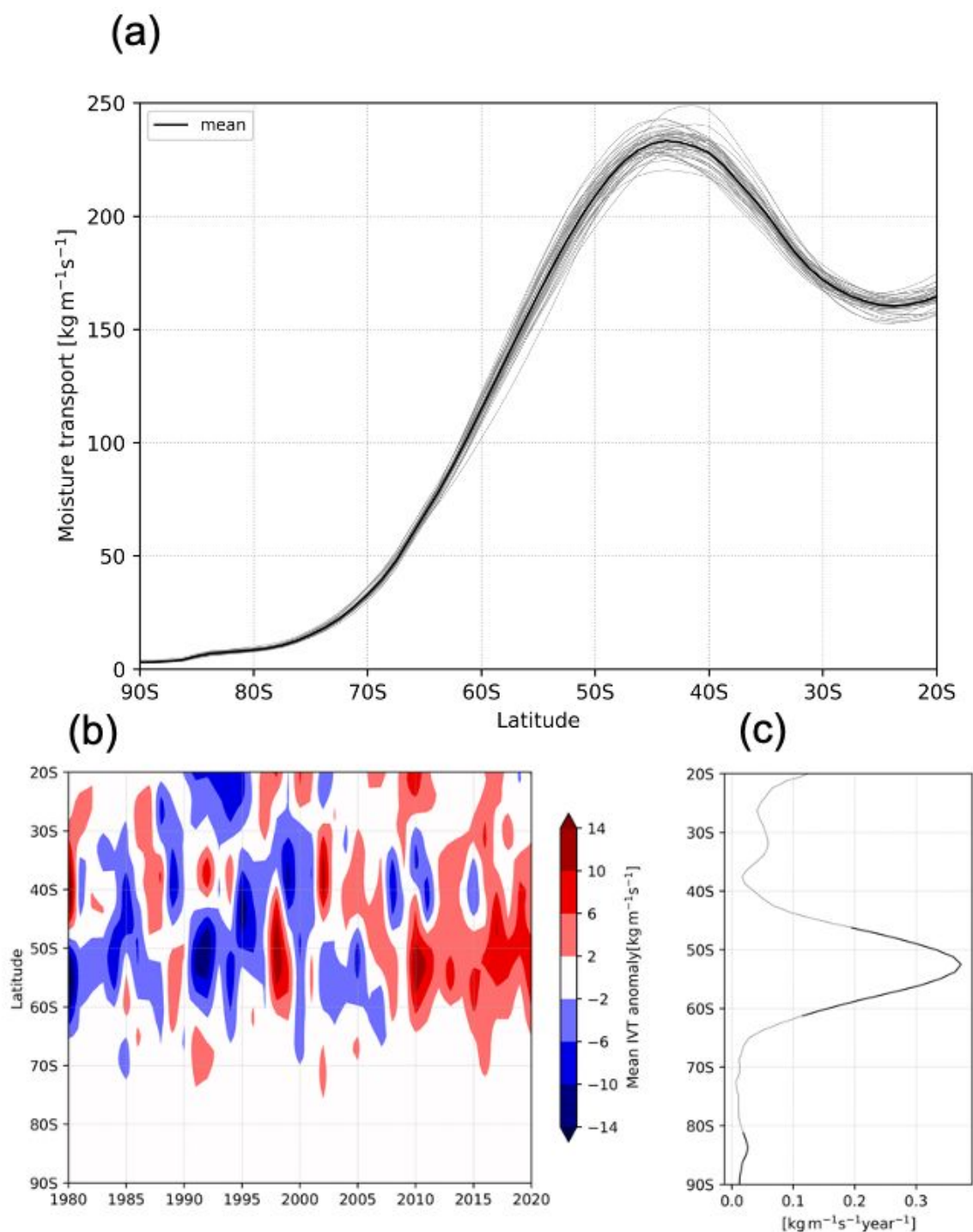
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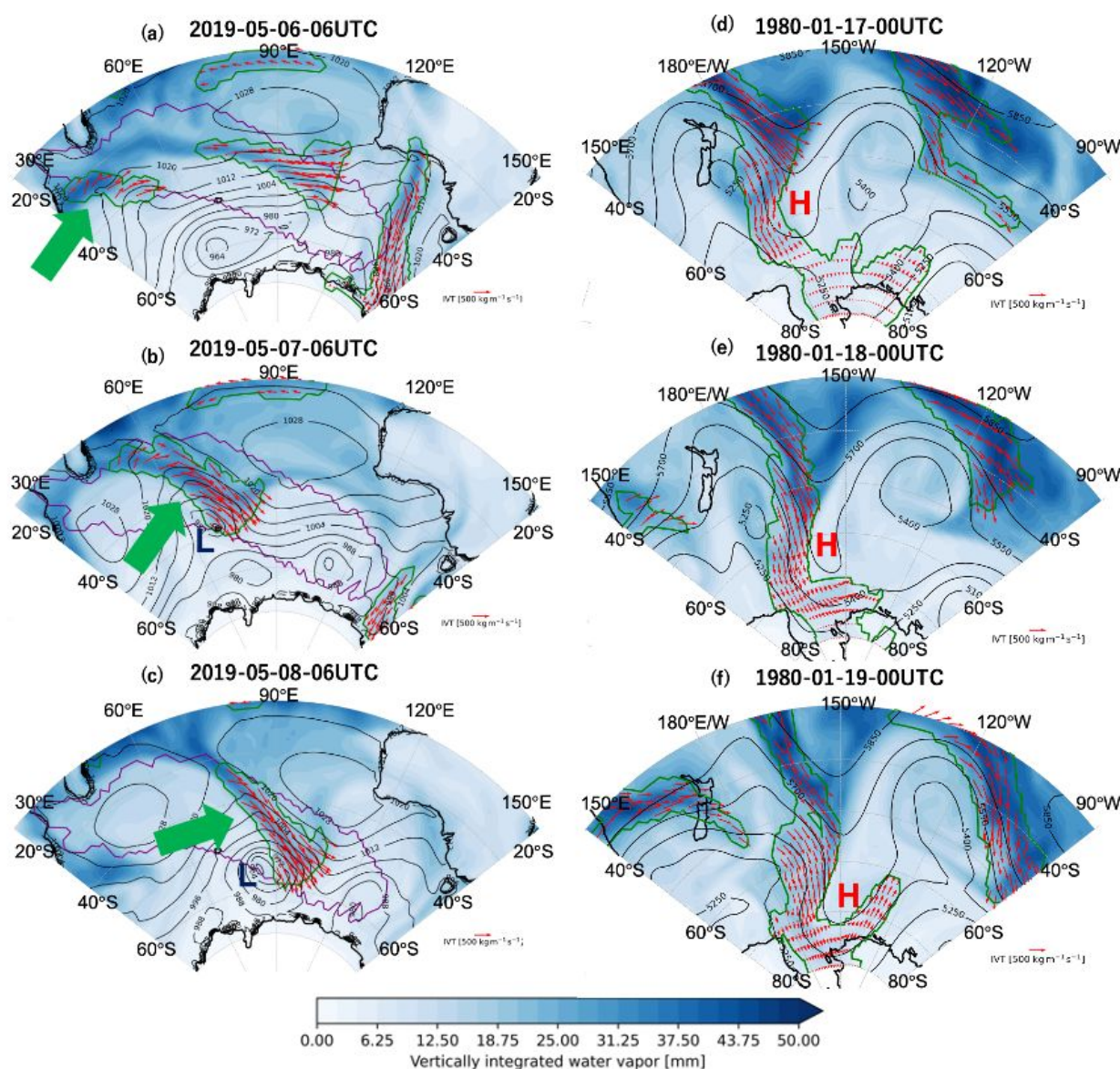
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Fig. 1 (a) The latitudinal distribution of (black curve) zonal-mean IVT averaged over 1980-2020 and (gray curves) that for individual years. (b) The time-latitude section of the anomaly of zonal mean IVT from the average over the 41-years. (c) The climatological trend of zonal mean IVT. Black curves indicates a 99% significant level while gray curve indicates that the trend is not statistically significant.

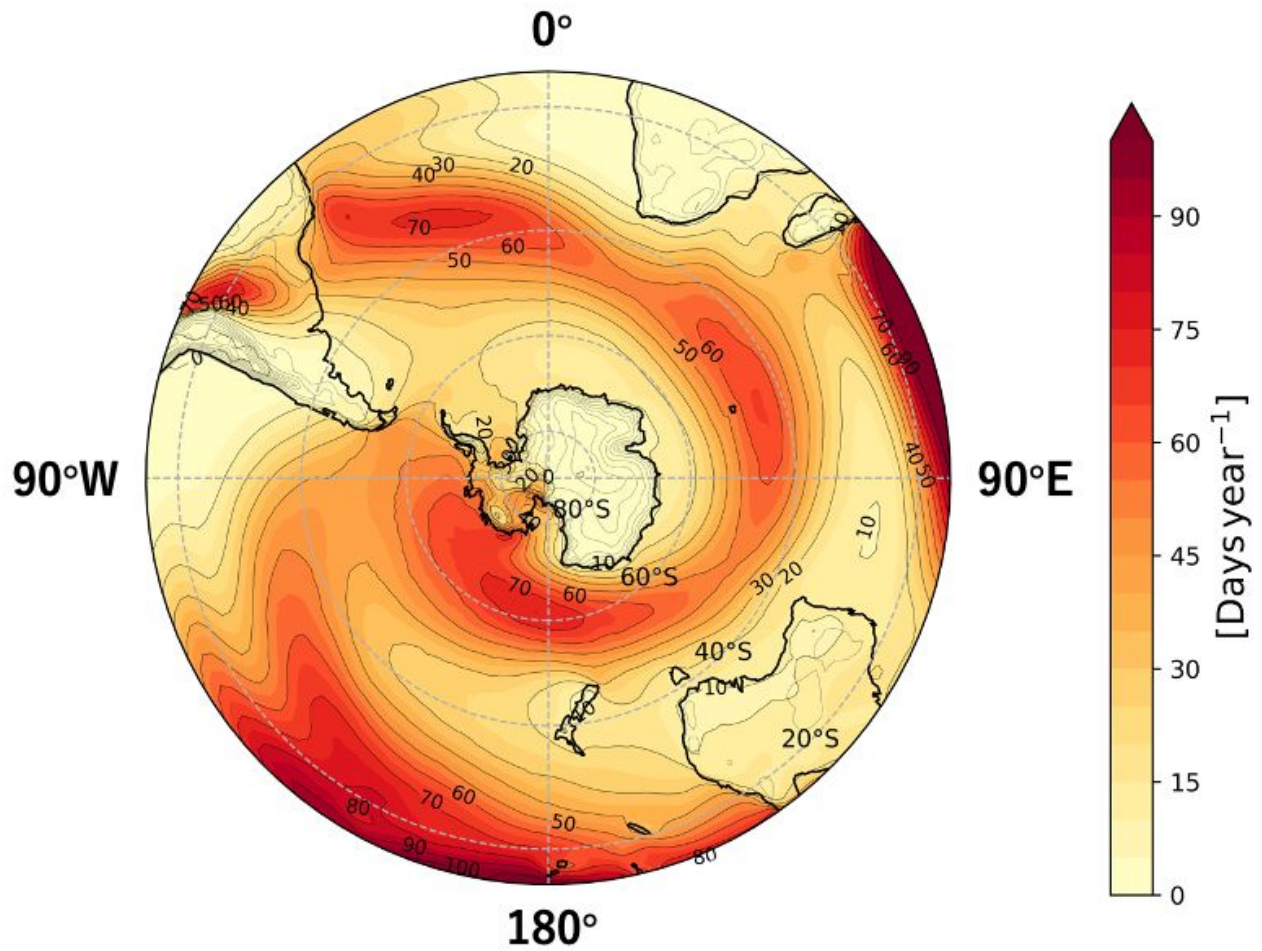


871

872 Fig. 2 Example of ARs observed over (a-c) May 6th-8th, 2019 and (d-f) January 17th-19th,
 873 1980. Green contours denote the detected AR area, while black contours show surface
 874 pressure for (a-c) and geopotential height at 500 hPa for (d-f). Blue shading shows vertically
 875 integrated water vapor (blue shade; unit: mm) while red arrows represent vertically
 876 integrated water vapor flux (red arrows; unit: $\text{kg m}^{-1}\text{s}^{-1}$) (the vectors are drawn within the
 877 AR region only). For (a-c), purple contour represents an outline of the footprint of the AR
 878 around at 30°E and 20°S at 06 UTC on May 6th, 2019 (denoted by green arrow) (purple
 879 contours are identical for three panels).

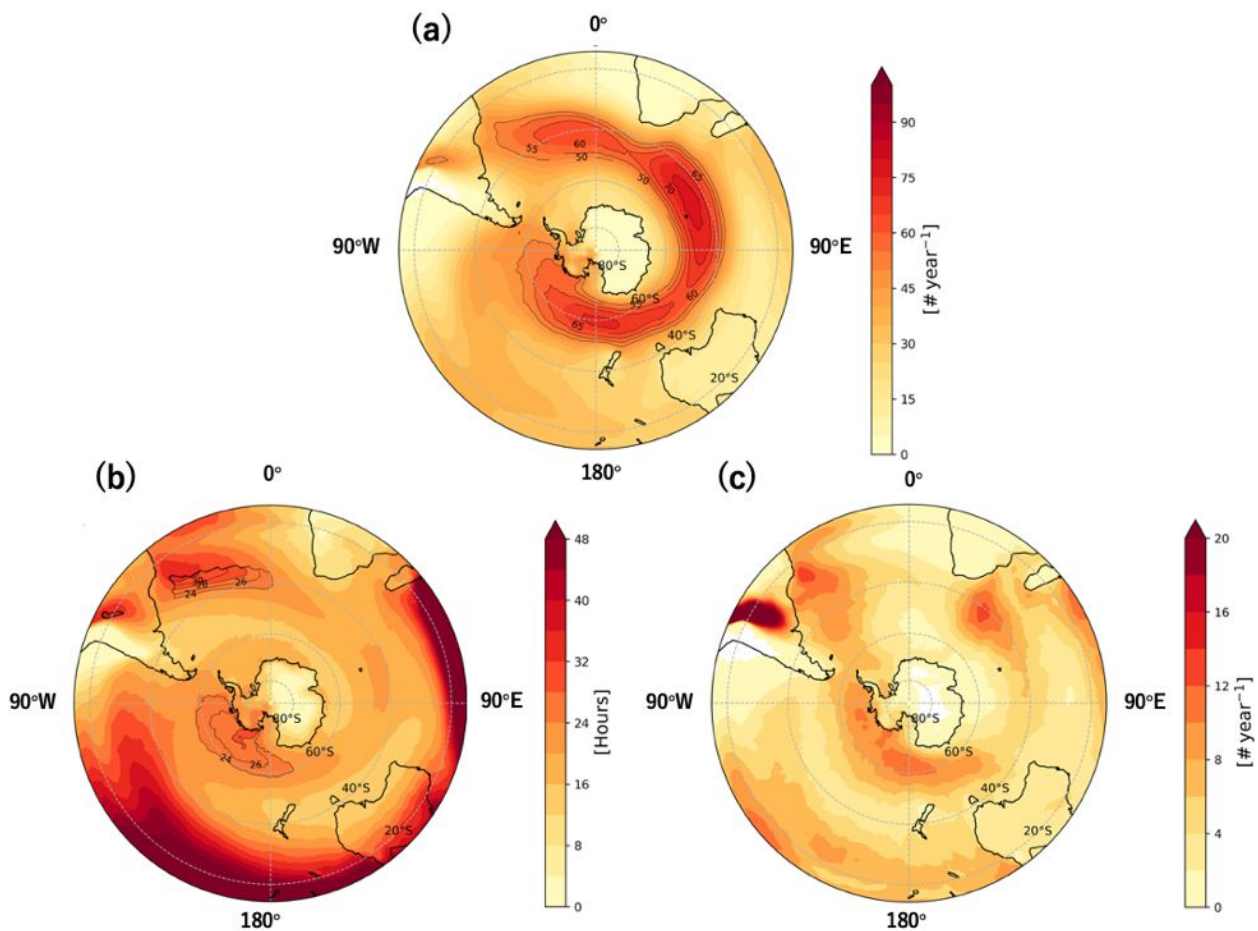
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883 Fig. 3 The annual-mean AR frequency of AR detection (color and black contours; unit: days
884 year⁻¹). Thin black curves over the continent indicate the topography with the contour
885 interval of 500 m.



886

887 Fig. 4 (a) As is Fig. 2, but for the number of AR occurrences (color and black contour; unit:

888 year^{-1}) which is derived by the AR tracking. (b) The persistence of the ARs (unit: Hours)

889 which is calculated as the AR frequency divided by the AR occurrence. Contours are

890 shown only for the region where ARs occurrence frequency is more than 50 year^{-1} and

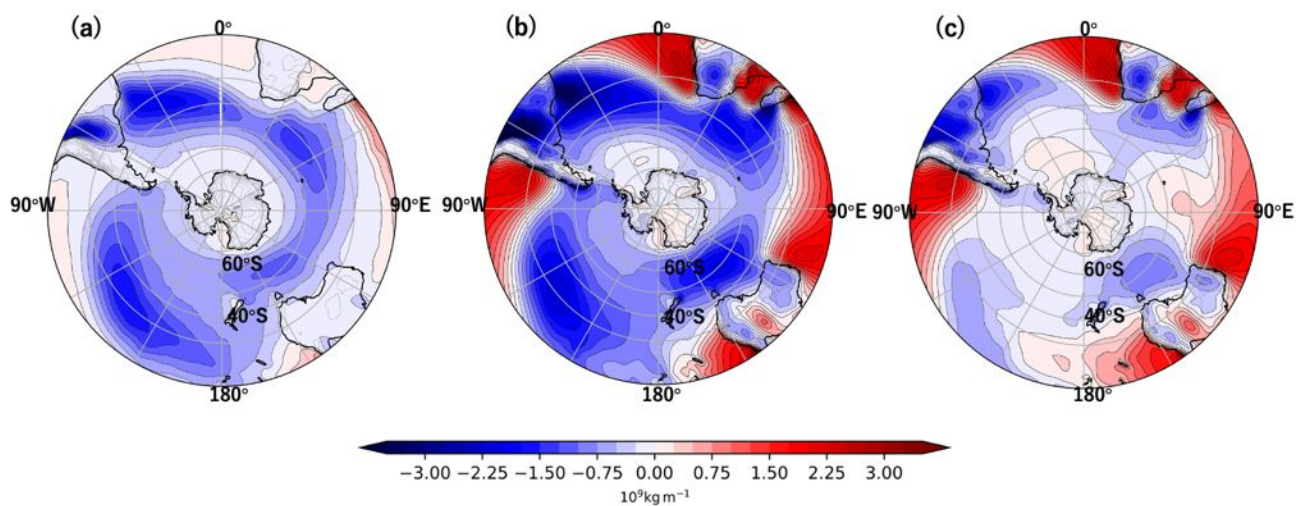
891 persisted for more than a day. (c) As in Fig. 3a, but for the result with only AR objects at

892 the first time step of tracking being considered (unit: year^{-1}), indicating the source region

893 of the AR.

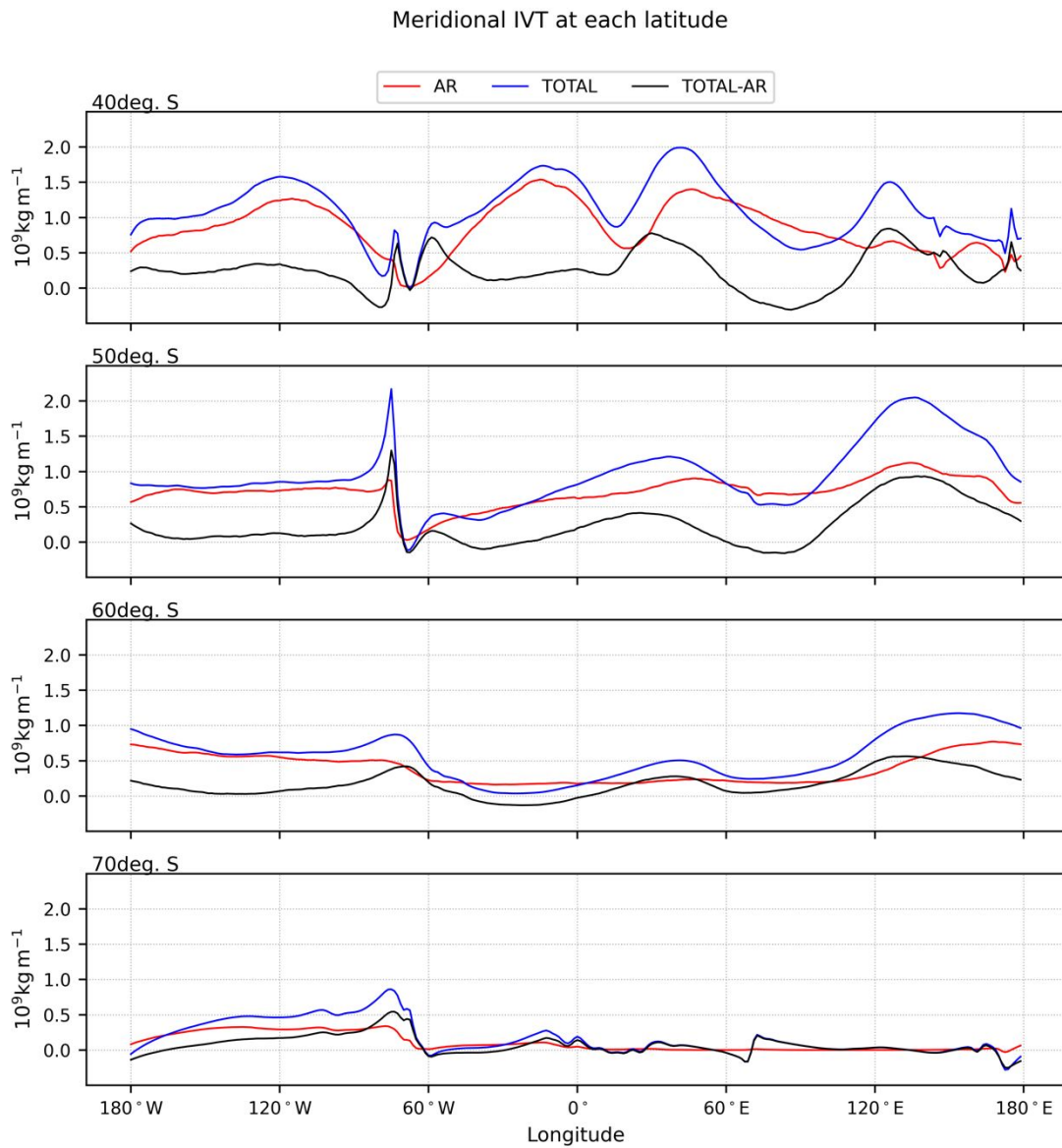
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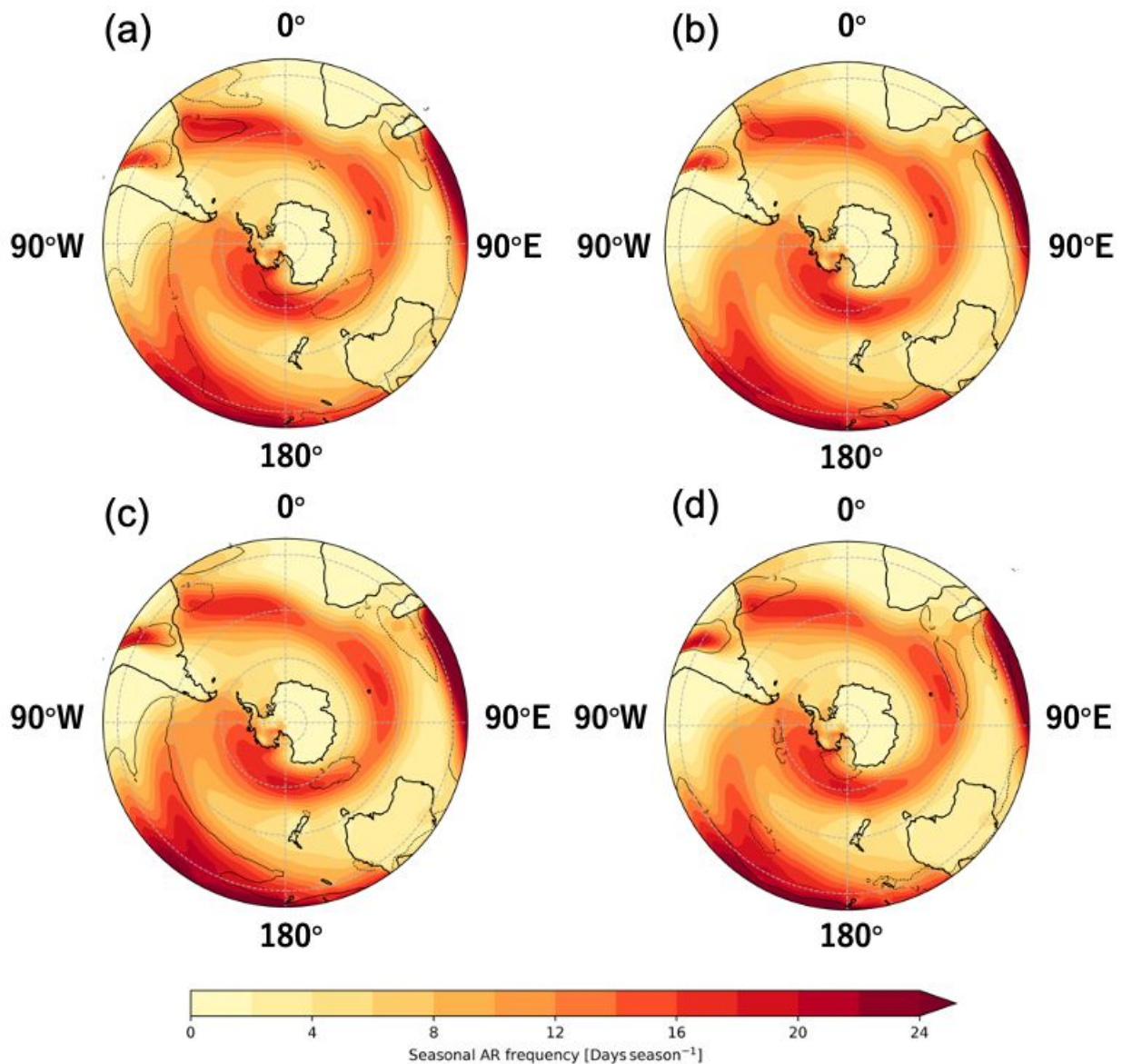


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897 Fig. 5 (a) Meridional moisture transport related to AR, i.e. the meridional moisture transport
898 occurring within ARs, (b) Total meridional moisture transport, and (c) the difference between
899 the two (unit: kg m^{-1}). Negative values (blue color) indicate that the direction is southward.

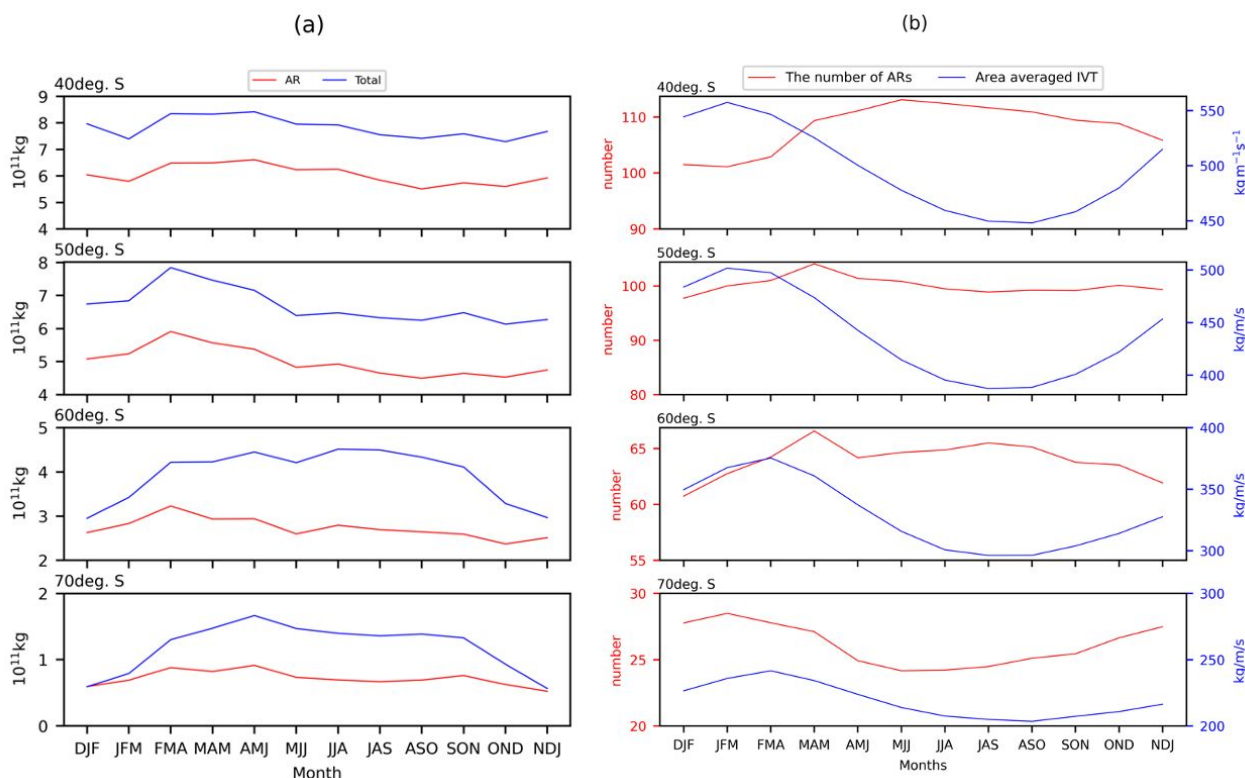


900
 901 Fig. 6 The longitudinal distribution of meridional moisture transport related to AR (red line),
 902 Total (blue line), and the difference between the two (black line) at 40° , 50° , 60° , and 70° S ,
 903 respectively (unit: kg m^{-1}).



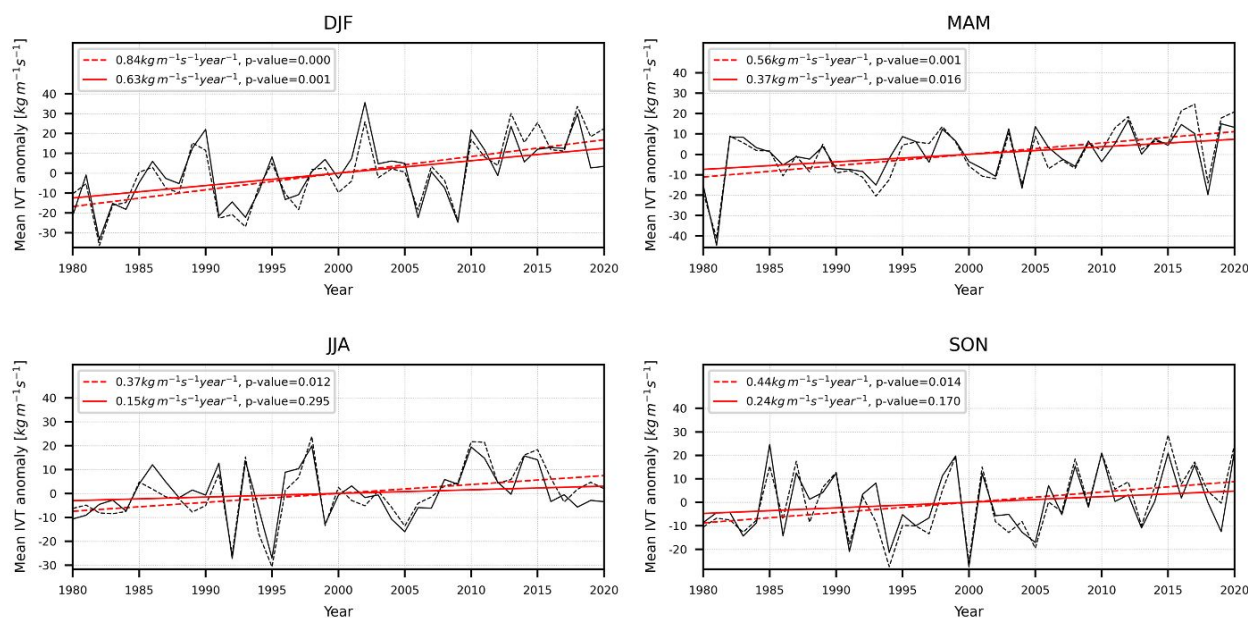
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905 Fig. 7 As is Fig. 2, but for the seasonal-mean for (a) DJF (from December to February), (b)
 906 MAM (from March to May, (c) JJA (from June to August), and (d) SON (from September to
 907 November) (unit: days season⁻¹). Contours indicate the anomaly the annual-mean (%): solid
 908 and dashed ones showing the positive and negative anomaly, respectively. The contour
 909 interval is 3%.



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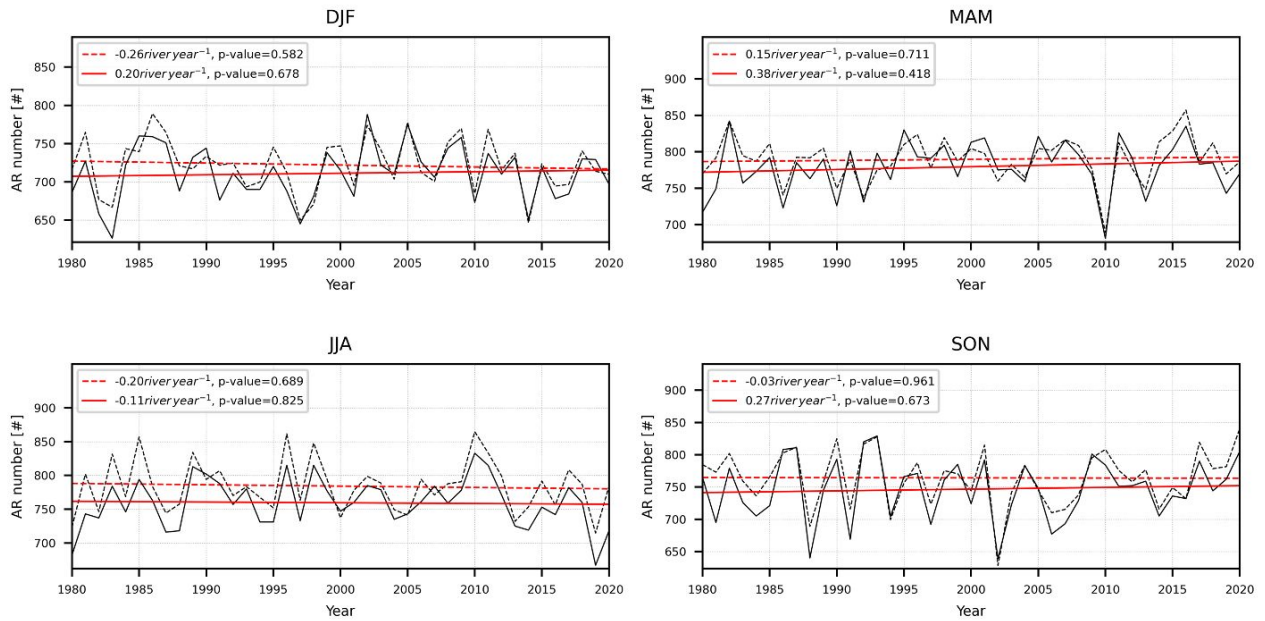
911 Fig. 8 (a) Seasonal variability of 3-month mean southward moisture transport by AR (red
 912 line) and that of total moisture transport (blue line) at four different latitudes (unit: kg). (b) As
 913 is panel a, but for the number of ARs (red line; unit: 3months^{-1}) and the ARs' area-averaged
 914 IVT (blue line; unit: $\text{kg m}^{-1}\text{s}^{-1}$) the ARs reaching the latitude are considered for the analysis.



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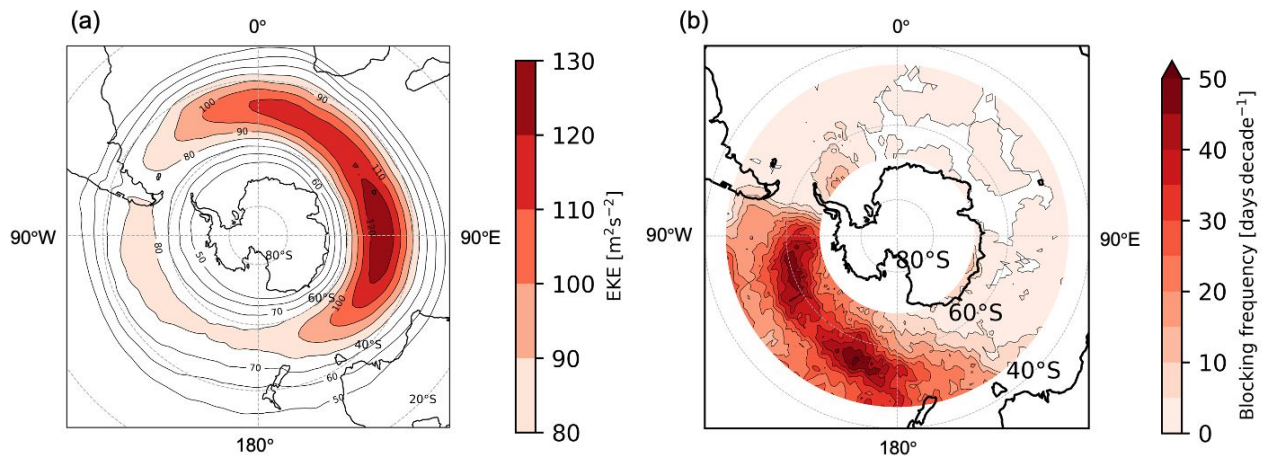
916 Fig. 9 Seasonal mean IVT anomaly of ARs (unit: $\text{kg m}^{-1}\text{s}^{-1}$) across 60°S between 1980
 917 and 2020 (black line) and its linear trend (red line) in DJF, MAM, JJA, and SON. The p -
 918 values are shown in the upper-left of each panel. The solid lines show the results from

919 JRA55, and the dashed lines show the results from ERA5.



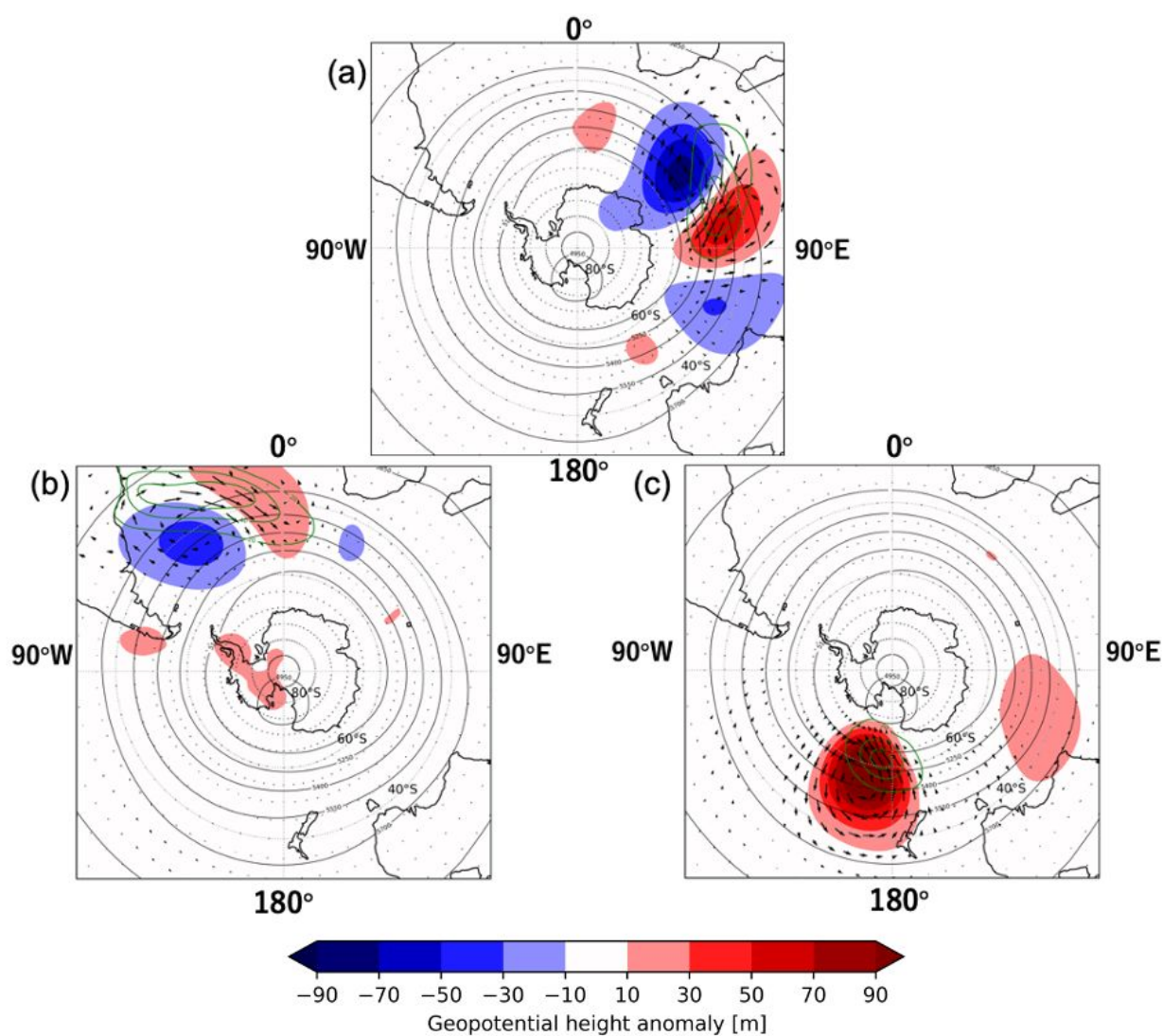
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921 Fig. 10 As is Fig. 9, but for the number of ARs detection at 60°S .



922

923 Fig. 11 (a) Annual mean 300-hPa synoptic-scale EKE (unit: unit: m^2s^{-2}). Contour interval
 924 is $10 \text{ m}^2\text{s}^{-2}$. (b) Number of blocking high occurrence (unit: days decade^{-1}). Contour interval
 925 is $5 \text{ days decade}^{-1}$.



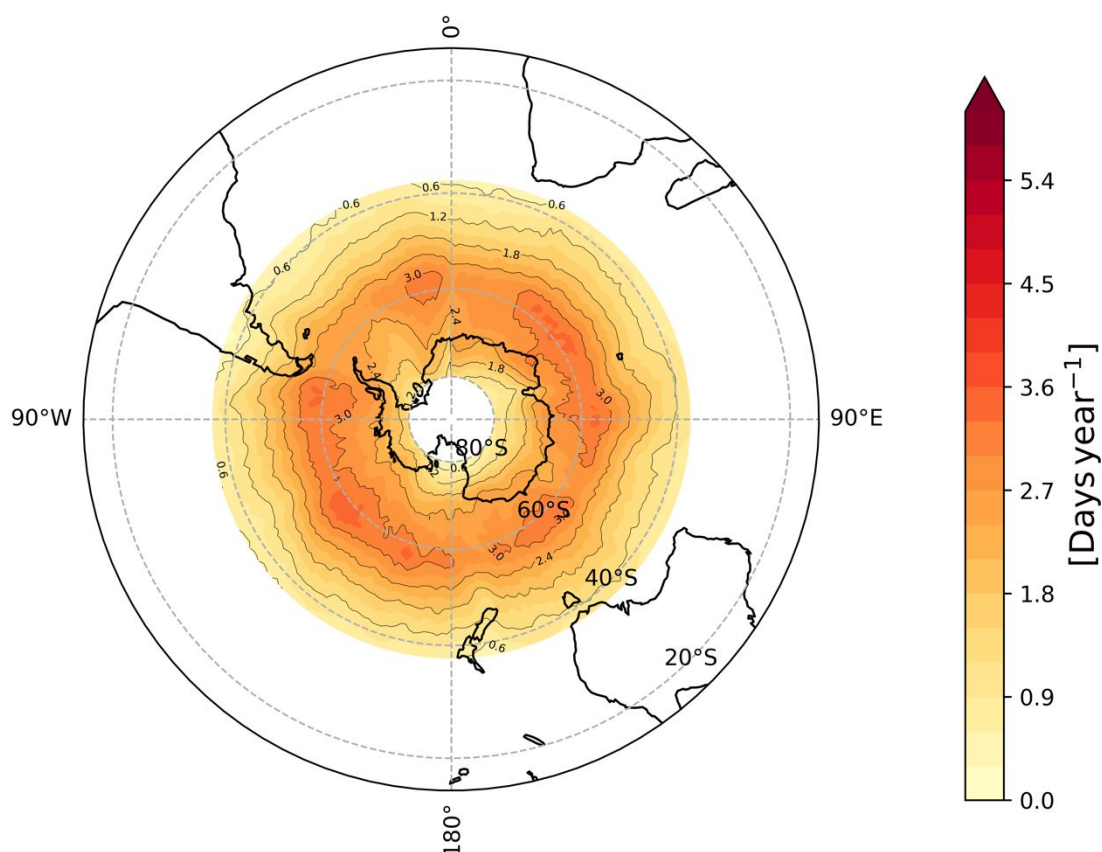
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927 Fig. 12 Composite-mean 500hPa geopotential height anomalies (color shades; unit: m)
 928 from the climatology for 41 years (black contours; unit: m) when ARs are detected in the
 929 region where the detection frequency is maximum (green contours; unit: $days\ year^{-1}$) in
 930 (a) the Indian, (b) Atlantic, and (c) Pacific Oceans. Vectors indicate the IVT anomaly from
 931 its climatology for 41 years (unit: $kg\ m^{-1}\ s^{-1}$). The color interval is 20 m , and contour interval
 932 is 150 m .

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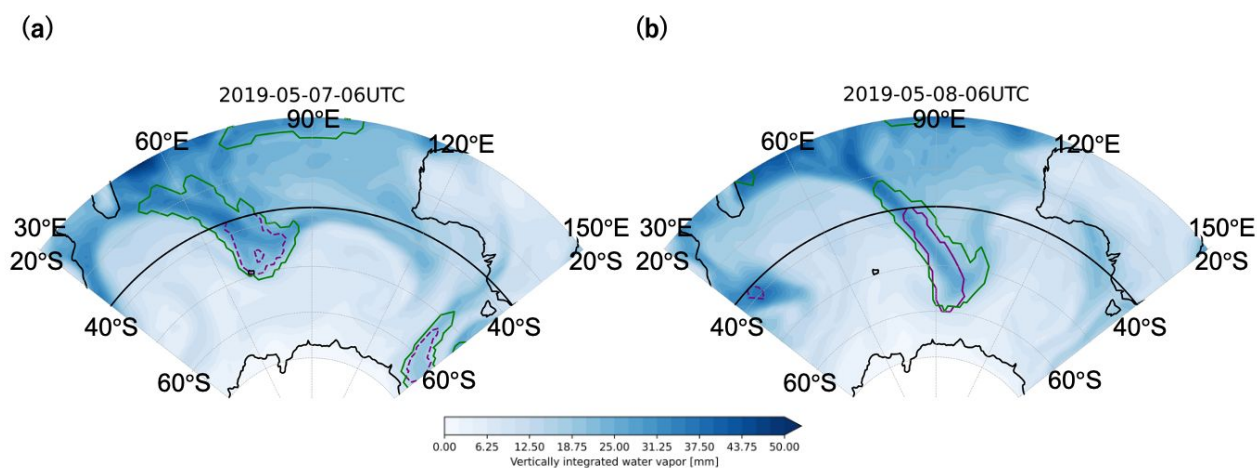
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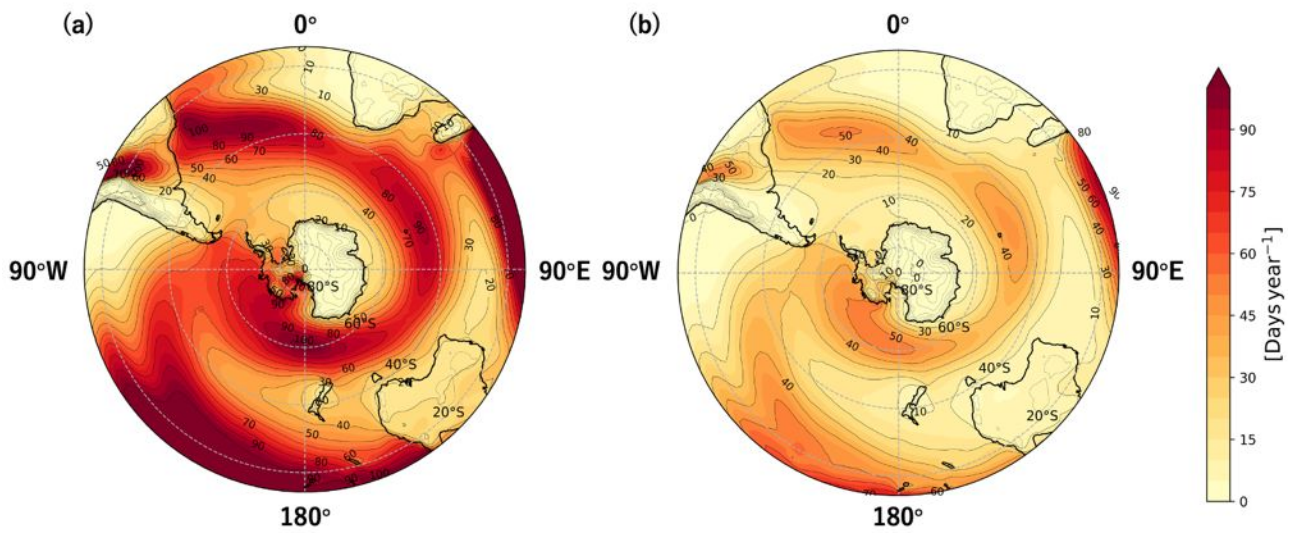
937 Fig. A1 The annual mean AR frequency (color and black contours; unit: days year⁻¹) based
 938 on the AR detection algorithm used by Wille et al. (2021).



939

940 Fig. A2 The ARs detected by the present algorithm (green contour), and those detected by
 941 Wille et al. (2021) (purple solid contours), and AR-candidate before applying geometric
 942 requirement in the algorithm used by Wille et al. (2021) (green dashed contour). Blue shade

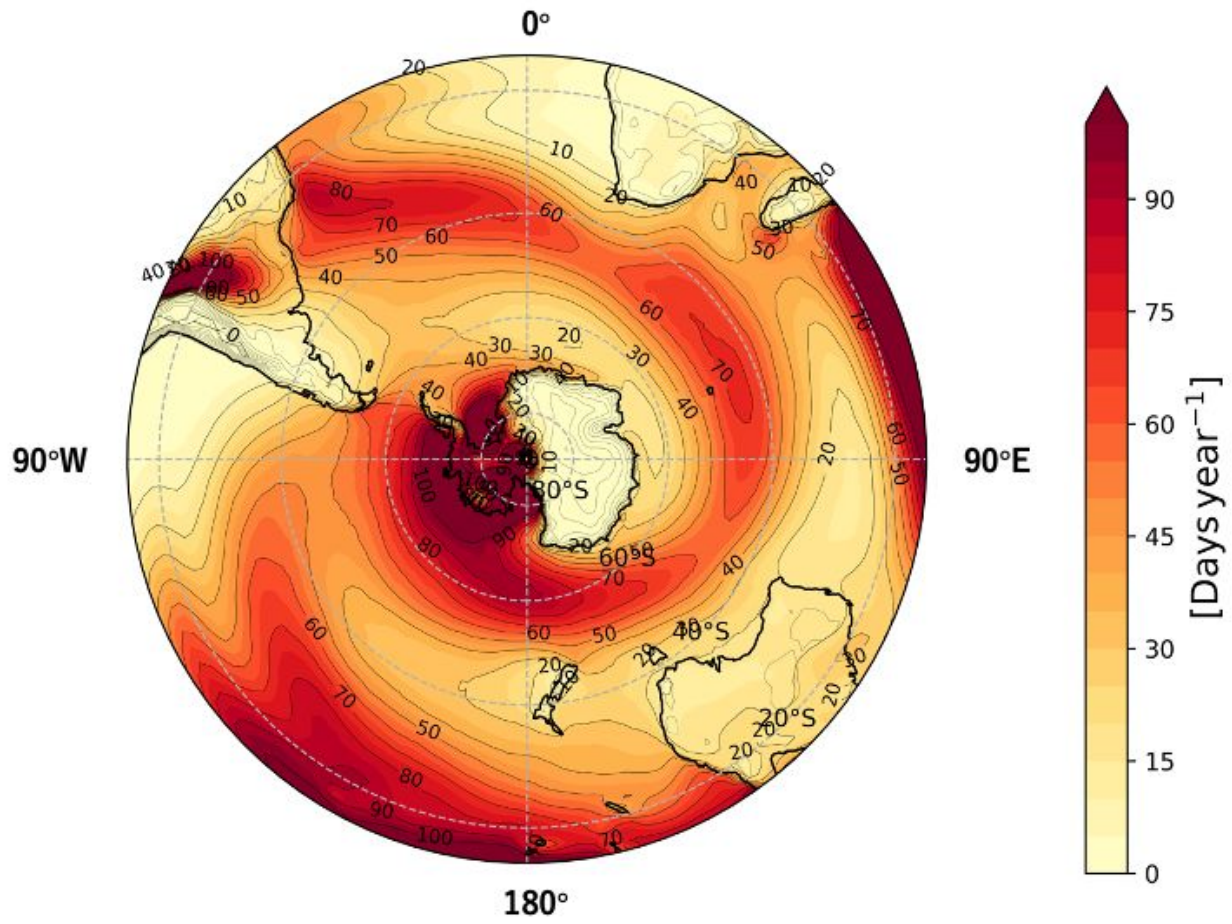
943 indicates the vertically integrated water vapor (mm). The thick black line indicates the
944 boundary at 37.5°S of the domain where the AR detection algorithm used by Wille et al.,
945 2021 performs.



946

947 Fig. B1 The AR detection frequency based on the algorithm, which is same as that used in
948 this study, but for the different thresholds of (a) 20% and (b) 30% of the maximum zonal
949 anomaly of IVT at each latitude.

950



951

952 Fig. B2 AR detection frequency without applying geometric requirements in the AR
953 detection algorithm used in the present study (color and black contours; unit: days year⁻¹).

954